



WELCOME - BACK TO SCHOOL

I want to share some important steps with you to help you and your child achieve a successful school year.

1- First and foremost develop a collaborative relationship with your child's teacher by communicating your child's needs, offering practical help in the classroom when possible and above all, recognizing and respecting the teacher's expertise.

2- Teach personal responsibility to your child. Tell your child he/she is responsible for his/her backpack, lunchbox and homework. Don't run to school with forgotten items.

3- Parents, when you say "no", you should mean it. Be firm and consistent. Set clear boundaries. Explain to your child what is expected of him or her.

4- Understand that your child is the one in school -not you. Guide your child in setting up a system for organizing his/her backpack and effectively completing his/her homework. If parents need children to learn, they must let them complete their homework on their own. Parents are there to assist and explain the material to help the child grasp the concept, but not to do the child's homework.

5- Celebrate your child's accomplishment. Praise your child often. Make him/her feel good about him/herself. Discuss the concepts your child has mastered instead of making the grade the pinnacle of success. Never tell the child "you got a B why not an A"? This devalues the work that was done and implies that only perfect matters.

***Hope you find these steps very helpful and I wish you and your child a great school year.

Bernadette Paul
MS in Education